



Media + Speaking Opportunities

For media, speaking, and partnership opportunities with
Francisca and Tony Alonso

*Authors of Vacation Style Living®
Founders of AV Architects + Builders*



ARCHITECTS
+ BUILDERS

www.avarchitectsbuild.com

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About Francisca and Tony Alonso

For more than two decades, Francisca and Tony Alonso have guided affluent empty nesters and legacy-minded homeowners through one of the most meaningful decisions of their lives.

Not simply building a custom home, but designing the retreat where the next chapter and the next generation will gather for years to come.

As the founders of AV Architects + Builders and creators of the Vacation Style Living® philosophy, they believe a home should do more than provide shelter. It should support well-being, strengthen relationships, reduce stress, and create opportunities for a richer, more intentional life.

Drawing on decades of experience in architecture, construction, development, and entrepreneurship, Francisca and Tony help people rethink how their homes influence the way they live, connect, recharge, and thrive. Their work combines intentional design, wellness, legacy planning, and lifestyle architecture to create homes that feel restorative every day, not just on vacation.

The Vacation Style Living Philosophy

"What if the feeling you only get on vacation was how your home felt every day?"

WELL-BEING – Reducing stress and creating spaces that restore energy and support healthier living.

CONNECTION – Designing homes that naturally bring family and friends together.

INTENTION – Making purposeful design decisions that support daily habits, routines, and experiences.

LEGACY – Creating homes that become gathering places for generations.

LIFESTYLE – Aligning the home with how people truly want to live rather than simply how much space they want to own.

Media + Speaking Opportunities



Available for Speaking Engagements, Podcasts & Media Interviews

Francisca and Tony Alonso are the husband-and-wife team behind AV Architects + Builders, a nationally recognized architecture, design-build, and consulting firm headquartered outside Washington, D.C.

As creators of the Vacation Style Living® philosophy and co-authors of the upcoming book *Vacation Style Living®: Design a Home that Builds Well-Being, Connects Families, and Reduces Stress*, they help audiences understand the powerful relationship between home, wellness, family connection, and life's next chapter.

Their presentations blend practical expertise, personal experience, and inspiring stories to help audiences think differently about how intentional environments shape health, happiness, relationships, and fulfillment.

Podcast Appearances:

- Designing in 5D Podcast with Jodi Koch
- Living Ageless and Bold with Christina Daves
- This Empty Nest with Jay Ramsden
- Talkin' HealthCare and Havin' Fun with Brad Cost and Dr. Jay Greenstein

Signature Topics:

- **Designing With Intention** – How thoughtful design decisions influence the way we feel, connect, and live every day.
- **Designing for the Next Chapter** – Helping empty nesters and legacy-minded homeowners create homes around who they want to become next, not simply who they have been.
- **The Wellness Wing** – Where architecture meets self-care and well-being becomes part of everyday life.
- **Retreat-Style Living** – How to bring the best parts of vacation home and create restorative environments that reduce stress and improve quality of life.
- **Family Legacy Homes** – Creating homes that strengthen relationships and become gathering places for future generations.
- **Home Is Where the Health Is** – The connection between architecture, wellness, stress reduction, and daily well-being.

Our Services

Residential Architecture

Custom Home Design
Nationwide



Residential Design-Build

One Team From Concept to
Completion



Architectural Consulting

Expert Guidance Without the
Full Commitment



Development

Creating Communities
Designed for the Next
Generation of Living



***Book Francisca and Tony Alonso
for your next podcast, event or
feature!***



Contact Us

Book Us to Speak

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